

THIS MONTH IS ALL ABOUT
EXTRA VIRGIN
OLIVE OIL

ITALY'S LIQUID GOLD

This month, we are celebrating the importance of feeding ourselves consistently with good, healthy and natural foods, because making healthier choices allows us to eat better, live better!

**KIDS KITCHEN:
CUPCAKES WITH OLIVE OIL**

4 MARCH, 11:00AM - 12:30PM
(20 KIDS ONLY, AGES 5 TO 12)
Every child should be accompanied by an adult



Extra virgin olive oil is not only healthy, but also tasty! Bring your little chef to learn how to make special cupcakes, olive oil flavoured.

**FAMILY KITCHEN:
RAVIOLI STUFFED WITH PESTO**

11 MARCH, 11:00AM - 12:30PM
(1 PARENT + 1 CHILD, TOTAL OF 10 PAIRS)



Learn how to make high quality fresh pasta stuffed with delicious pesto sauce!

**KIDS KITCHEN:
COOKIES WITH OLIVE OIL**

17 MARCH, 11:00AM - 12:30PM
(20 KIDS ONLY, AGES 5 TO 12)
Every child should be accompanied by an adult



Get your little chef to learn how to make cookies the healthy way!

**FAMILY KITCHEN:
FOCCACIA WITH OLIVES**

25 MARCH, 11:00AM - 12:30PM
(1 PARENT + 1 CHILD, TOTAL OF 10 PAIRS)



We all love bread! Come along and learn how to make Focaccia with olives from the expert!

EAT BETTER



LIVE BETTER